

New Date

# Saturday, April 12, 2008

## The 1st Annual

# BODY, MIND, SPIRIT WELLNESS EXPO

### 1:00 to 5:00 PM

Edgewood United Church  
459 N. Hagadorn  
East Lansing, MI

Speakers, Demos,  
Mini-Classes etc.

Regenerative Medicine through  
Stem Cell Treatments-  
[re-news.net/stem](http://re-news.net/stem) Nancy Brandon

**Living Food -**

**Recipes & Preparation Tips**  
Janice Welsh, Danielle Anwar,  
Miko Fossum, & Cricket Lott

**Creative Wellness -**

**Creating a successful business**  
Irene Savoyat - Co-Director,  
AMTA, NCTMB

**Writing our Bodies -**

Holly Makimaa

**NIA -**

**Neuro-Muscular Integrated Action**  
Winnalee Zeeb, Kelly Gibson &  
Friends

**Psychic Readings**

Katrina, Rhonda & friends.

**Ayurveda -**

Discover your Primary Dosha(s)

**Yoga -**

Finding the practice that best serves  
your body, mind & spirit

**Chair Massage**

By Certified Massage Therapists.

**The 10 Most Dangerous Foods**

Crickett Lott

~If you are interested in  
participating in the Mind, Body,  
Spirit Wellness Expo as an  
Exhibitor, Speaker, or

Volunteer,

contact Nancy at  
(517) 505-2150 or

[nanbran48823@yahoo.com](mailto:nanbran48823@yahoo.com) ~

*Astrological Readings*

*Ayurvedic Medicine*

*Chiropractic*

*Cosmetic, Reconstructive Surgery*

*Counseling/Coaching -*

*Life, Career, Spiritual*

*Diet & Nutrition*

*Energy & Manual Medicine*

*Flower Essence*

*Gyro-kinesis*

*Health & Beauty*

*Hypnotherapy*

*Homeopathy*

*Massage & Body Work*

*Meditation*

*NIA*

*Numerology*

*Psychological Counseling*

*Pilates*

*Physical Therapy*

*Polarity Therapy*

*Reiki*

*Qigong*

*Raw Food Preparation / Recipes*

*Sacred Sounds / Chanting*

*Singing for Joy*

*Tarot Reading*

*Writing for Health*

*Yang Tai Chi*

*Yoga*

*And more!*

**General Admission**  
**\$5.00**  
**Seniors & Students**  
**\$3.00**

**Booths for  
Exhibitors**

**Corner Booth**

8x8 ft.  
w/ 3 tables  
\$125

**Interior Booth**

8x8 ft.  
w/2 tables  
\$100

**Wall Booth**

(8x4 ft.)  
w/1 table & back wall  
\$50

**8 ft. table only**

\$25

**Special Participants  
&**

**Non Profit Groups**  
**25 % Off**

All Proceeds from this event go to benefit Nancy Brandon's Stem Cell Treatment Fund.

Send donations to: P.O. Box 353, East Lansing Michigan, 48823. Thanks for your support!